

# **TILAK MAHARASHTRA VIDYAPEETH**

Indutai Tilak College of Physiotherapy

&

Jayantrao Tilak Maharashtra Vidyapeeth

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**NAME OF THE EVENT**- Health Checkup camp for students of Tilak Maharashtra Vidyapeeth

**DATE & DURATION OF THE EVENT** : 14<sup>th</sup> - 15<sup>th</sup> December 2023 &  
24<sup>th</sup> - 25<sup>th</sup> January 2024

Timings from 10.30am to 4.30pm

As per the directives of Hon'ble VC Madam and as a part of IQAC we had organized Health Checkup Camp at Tilak Maharashtra Vidyapeeth College of Physiotherapy. Health Checkup Camp was conducted for the Students of Tilak Maharashtra Vidyapeeth for 4 days. There were 6 stations present at the venue which evaluated their Basic demographic Data, Body Mass Index, Flexibility (Upper and Lower Limb), Endurance (Upper and Lower Limb), Cardiovascular Endurance, Balance for females and Males separately. There was a special station for females evaluating the Presence or Absence of Incontinence through QUID. The main aim to conduct this camp was to evaluate the fitness of the students and Consult and treat them accordingly for the same. Total 316 Student from different departments were evaluated and got benefited.

Overall the Health Checkup Camp was successful. It was well organized and appreciated by all the participants in Tilak Maharashtra Vidyapeeth.

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